HEALTHCARING DIFFERENTLY

Medicine pathway checklist

Five stops on the road to medicine in Canada, with questions to ask yourself at each one. Every route is different.

1 Let curiosity lead

High school and earlier

- [ ] What health topics excite me?
- [ ] Who could I shadow or ask?

2 Build your foundation

Undergraduate study - there is no single required major

- [ ] Which subjects keep me hooked?
- [ ] Where can I gain experience?

3 Research each school's path

When you are ready to apply

- [ ] What does each school need this cycle?
- [ ] Which deadlines should I track?

4 Learn, practise and belong

Medical school

- [ ] What supports does my school offer?
- [ ] How will I protect time to rest?

5 Residency and beyond

Postgraduate training and practice

- [ ] Which specialties should I explore?
- [ ] Who can guide my next move?

General orientation only. Requirements, costs and deadlines change - always confirm with official schools and providers. healthcaringdifferently.com